

Freshly Squeezed Juices (made to order)

8.0

Freshly Squeezed **Orange** Juice

Pink – apple, mint, ginger, watermelon

Red – carrot, beetroot, ginger, celery

Green – apple, mint, kale, celery

Yellow – ginger, apple, lemon, turmeric

Amber – apple, orange, carrot

Booster – mango, banana, spinach, orange, lemon

Make Your Own!

Choice of: orange, carrot, ginger, beetroot, apple, celery, watermelon, mint, kale, turmeric, lemon

Shakes & Smoothies

Milkshakes (Chocolate, Vanilla, Strawberry, Caramel, Peanut Butter <i>or</i> Nutella) <i>Malt +1.0</i>	6.5
Smoothies <i>with</i> Greek Yoghurt, Milk & Honey (Mixed Berries, Mango <i>or</i> Banana)	7.5
Protein Shake 35g of protein powder with coconut water and banana or mixed berry Optional: Milk (full cream / skim / soy / almond or coconut milk), Peanut Butter, Cinnamon, Shot of Coffee, Ice Cream	9.5
Brekkie Smoothie with granola, Greek yoghurt, milk, honey, banana <i>or</i> mixed berries	8.5

Frappes

Fruit Frappe (Banana & Mango, Pineapple & Mint, Mango & Orange <i>or</i> Mixed Berry)	7.5
Coffee Frappe (latte, mocha <i>or</i> caramel latte)	7.5
Chocolate Frappe	7.5

Cold Drinks

Soft Drinks (Coke, Diet Coke, Coke No Sugar, Sprite, Solo)	4.0
San Pellegrino Citrus (Limonata, Chinotto or Aranciata Rossa)	4.5
Red Bull	4.5
Sparkling Mineral Water – 250ml, 750ml, 1ltr	4.5 / 8.0 / 10.5
Peach or Lemon Ice Tea	4.5
Bundaberg Ginger Beer	4.5
Ginger or Raspberry Kombucha	5.5
Organic Mango, Orange & Apple Juice	5.5
Glass of Apple Juice	4.5
Lemon, Lime & Bitters	5.0
Coconut water	4.5
Iced Coffee / Iced Long Black / Cold Drip	6.0
Iced Chocolate / Iced Mocha / Iced Matcha Green Tea / Iced Chai Latte	6.5

Coffee

Short Black / Espresso, Piccolo, Macchiato	4.0
Cappuccino, Café Latte, Flat White, Long Black	4.5 / 5.0
Mocha, Chai Latte, Affogato, Turmeric, Matcha Green Tea Latte	5.0 / 5.5
Hot Chocolate or Nutella Hot Chocolate	5.0 / 5.5
Nutella Mocha	5.0 / 5.5
Turmeric Latte	5.0 / 5.5

Caramel, Hazelnut, Vanilla Syrup +50c

Alternative milks: Bonsoy Soy, Almond, Coconut, Lactose Free, Oat, Macadamia

Organic Teas

4.5

English Breakfast, Earl Grey, Malabar Chai, Lemongrass & Ginger, Spring Green Tea, Peppermint Leaf, Chamomile Blossoms