

## All Day Breakfast

- ♥ Toast your way - Thick White, Thick Brown, Turkish, Sourdough, Seeded Sourdough, Raisin \$5.00  
(Spreads – Butter, Strawberry Jam, Peanut Butter, Vegemite, Honey, Marmalade, Cinnamon Sugar, Nutella)
- ♥ Banana Bread \$4.50 or Mango & Coconut Bread \$5.00
- ♥ Smashed Avocado Bruschetta (on 2 slices of S/d with fresh tomato, fetta & poached eggs) \$17.00
- ♥ Porridge with almond, vanilla, cinnamon, banana and mixed berry puree \$11.50
- ♥ Yoghurt – Passionfruit, Mixed Berry or Muesli \$7.00
- ♥ Blueberry Bagel toasted with cream cheese, peanut butter or butter \$6.00
- ♥ Eggs Any Style – Scrambled, Poached, Fried or Boiled with toast \$9.50  
(Extras: bacon, hash brown, avocado, mushrooms, spinach, ham, baked beans, smoked salmon, fresh or roasted tomato, fetta, chicken Breast, salami, sausage, extra egg)
- ♥ 3 Eggs Omelette – free range eggs with mushrooms, ham, cheese or create your own with toast \$15.5
- ♥ Eggs Benedict – two poached eggs on toasted sourdough topped with hollandaise \$16.00  
Choice of - Smoked Salmon, Bacon, Ham or Mushrooms (Add Spinach +\$1)
- ♥ Revuelto de huevo – scrambled eggs mixed with mushrooms, spinach, ham & cheese with toast \$16.50
- ♥ Classic Bacon & Egg Roll (double egg, double bacon, tasty cheese & grilled onion with BBQ sauce, tomato sauce, mayonnaise, HP sauce, chilli, sweet chilli or Peri-Peri) \$12.50
- ♥ BLAT (bacon, lettuce, avocado & tomato) on toasted Turkish \$9.50
- ♥ Ham, Cheese & Tomato Toastie \$9.00
- ♥ Nutella Croissant \$6.00, Jam & Butter Croissant \$5.50, or Ham & Cheese Croissant \$6.50
- ♥ Frittata - Spinach & Pumpkin (GF), Chorizo & Potato (GF), or Bacon & Corn (GF) \$10.00
- ♥ Big Breakfast – Eggs any style with bacon, baked beans, mushrooms, hash brown, roast tomato, sausage & toasted sourdough \$25.00

### Sandwiches or Wraps – made to order

- ♥ Italian Club (with smoked ham, salami, tasty cheese, lettuce, tomato & mayonnaise) \$10.50
- ♥ Tuna (with avocado, lettuce, tomato, mayonnaise) \$10.50
- ♥ Grilled Chicken Breast (with avocado, cheese, peri-peri sauce) \$11.00
- ♥ Smoked Salmon (with cream cheese, avocado, tomato, rocket) \$12.50
- ♥ Spanish Jamon Serrano with cheese, tomato, rocket, olive oil) \$12.50
- ♥ Chicken Burger (Grilled chicken, avo, cheese, lettuce, grilled onion, tomato & peri-peri sauce) \$13.00

### Breakfast Beverages

- ♥ Fresh Squeezed Orange Juice \$8.00
- ♥ Booster Juice (mango, banana, baby spinach, orange, lemon) \$8.00

## Anytime Lunch

**Hot Soups** – served with bread \$8.50

♥ Ask our friendly staff for the soups of the day

**Fresh Salads** \$10.50

♥ Chicken Penne Basil  
*celery, sun dried tomato, Parmesan cheese (contains gluten and dairy)*

♥ Lebanese Lentil Salad (V)  
*couscous, chickpeas, tomato, parsley, onion & shallots*

♥ Edamame, freekeh & kale with coriander dressing (V)  
*lentils, pepitas, seeded mustard, hot English mustard*

**Frittata** \$10.00

♥ Spinach & Pumpkin (GF), Chorizo & Potato (GF), or Bacon & Corn (GF)

**Gourmet Sandwiches or Wraps** – made to order

♥ Tuna \$10.50  
*avocado, mixed lettuce leaves, fresh tomato, mayonnaise*

♥ Grilled Chicken Breast \$11.00  
*avocado, cheese & peri-peri sauce*

♥ Smoked Salmon \$12.50  
*cream cheese, avocado, fresh tomato, rocket*

♥ Spanish Jamon Serrano \$12.50  
*tasty cheese, fresh tomato, rocket, olive oil*

♥ Chicken Burger \$13.00  
*Grilled chicken, avocado, cheese, lettuce, grilled onion, tomato & peri-peri sauce*

**Sandwiches**

♥ Chicken Ceasar \$11.00  
*chicken breast, Caesar dressing, lettuce, diced bacon & egg with fresh parsley & shallots*

♥ Chicken Bacon Club Baguette \$10.50  
*chicken breast, avocado spread, mayonnaise, crispy bacon, tomato & lettuce*

♥ Chicken Schnitzel \$10.50  
*crumbed chicken breast, herb mayonnaise, fresh tomato & mixed leaf lettuce*

♥ Falafel & Tabouli Tortilla (V) \$10.50  
*falafel, hummus, tabouli, tomato, sweet chilli sauce, carrot & mixed lettuce*